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Balboa Press, United States, 2012. Paperback. Book Condition: New. 228 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. Journal M.A.G.I.C. -A Five-Step Process to Create Your Magic is a daily journal workbook designed to assist everyone from caregivers, healthcare practitioners, life coaches, and self-help industries, to individuals looking for a valuable tool. This guided journal was initially designed as a daily self-care tool exclusively for my clients. It is comprised of five chapters: Meditations,...

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- · Authored by Martez Schembri Rmt Cst-D Cfs
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