



Beyond the Tears: A True Survivors Story

By Lynn C. Tolson

Authorhouse. Paperback. Condition: New. 306 pages. Beyond the Tears: A True Survivors Story is a memoir that begins with the suicide attempt of an abused and addicted twenty-five-year-old woman. In the aftermath, she commits to counseling to recover from anxiety and depression associated with post-traumatic stress disorder (PTSD). The author engages the reader in her private therapy sessions. The young woman reveals dysfunctional family relationships, including domestic violence, sexual abuse, and mental illness. Due to the therapeutic process, the woman discovers a path to love and the value of life, and she ultimately achieves a life that reflects health and happiness. In sharing this inspirational journey, the author provides a message of hope. Author Lynn C. Tolson appeals to the reader from the first paragraph of her powerful memoir Beyond the Tears: A True Survivors Story. Tolson uses creative non-fiction to tell her story, fascinating the reader with metaphor, prose, and poetry. Tolson tells her riveting story in first-person narrative, enabling the reader to instantly bond with her authentic voice. Readers can readily visualize the settings, plot, and characters due to the authors well-developed descriptions and dialogue. This is not an average auto-biography: the book combines story-telling with self-help, affirmations,...



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